

# CHICHESTER HALF MARATHON

## 2018 Half Marathon Relay - Competitor Instructions



Hello and a very warm welcome to the second year of the Chichester Half Marathon Relay Race. Below are all the details you will need to ensure that your Team are able to run on the day.

### **Please read these instructions carefully:**

Start: 9.00am Sunday 7th October 2018.

Location: Chichester College (rear entrance), PO19 1SB

### **BEFORE THE DAY**

- Don't forget to read the main Race Instructions which will be available on the Chichester Half Marathon website: [www.chihalf.co.uk/raceday](http://www.chihalf.co.uk/raceday)
- Your Team should have three registered runners; who have entered the race online and paid for a place. Changes may be made, prior to, and on the day (see below)
- The Half Marathon relay will be run over the same course as the main event and will start at the same time
- You should have a Team name and allocated a Team leader, who is responsible for organising a vehicle and driver(s) to transport team members to and from each changeover point
- It is expected that all members of the Team will wear a vest or t-shirt of similar design or colour
- If a Team member is unable to run, changes may be made at the discretion of the Race organisers, prior to the race, by emailing [chihalf@childrenontheedge.org.uk](mailto:chihalf@childrenontheedge.org.uk) or calling 01243 538530 (Mon - Fri, 9am - 5pm). Changes can be made on the day, but please arrive at the Relay Registration Desk at 8am to inform a race official
- A total of **three** changes may be made to any Relay Team
- You will not receive your Race Pack containing your bib numbers in the post prior to the Race; this must be collected on the day at the Relay Race Registration stand at 8.00am - see below for details
- To be eligible to compete, all runners must be aged 15 or over on the 1st October 2018. If under 18, runners must have the consent of a parent or guardian to enter
- There will be three Team Relay categories – i) three male runners from an affiliated athletic club ii) three female runners from an affiliated athletic club iii) three runners of either sex representing a works team, a bona fide club, or family and friends



## ON THE DAY

- All three members of the Team should report to the Relay Registration stand at 8.00am on the morning of the Race - Sunday 8th October 2017. The Relay Registration stand is located at Chichester College, adjacent to the Race Village, just outside the college entrance
- Your Team will be given your Race Pack and Race Declaration Form to fill in. Your Race Pack contains your bib numbers and timing chips. Please bring 4 x safety pins for each runner to attach their bib number to the front of their top
- Each pack will have three numbers – A for first leg, B for second leg, and C for third leg. N.B. Race Packs and numbers will not be sent out to Relay Teams in advance
- At 8.05am a briefing for all Relay Runners will take place at the Relay Registration stand - it is vital that all runners attend this briefing
- On the day you will be given a Race Declaration Form to fill in, you need to declare the names of your three runners in race leg order. This must be done by 8.30 a.m
- Each team must provide transportation to each changeover point. It is the team's responsibility to ensure that they have the declared runner at the correct changeover point to take over from the incoming runner
- Each team may have a designated driver or the team members can share the driving. The driver of the team's vehicle has a responsibility to drive sensibly, park as directed at the changeover points by the race officials and at all times obey the rules of the road

## THE RACE

The course is divided in to three legs and each runner takes one leg each.

### LEG ONE

*From the start at Chichester College to Lower Road, East Lavant – a distance of approx 3.6 miles*

**Changeover 1** Lower Road, East Lavant, PO18 0AG. Parking available along Pook Lane/ Sheepwash Lane

**Arrival Time** Leg Two runners should arrive at the changeover point at 9.20am

### LEG TWO

*From Lower Road, East Lavant to Church Lane, West Dean – a distance of approx 3.8 miles*

**Changeover 2** Church Lane, West Dean, PO18 0FG. Parking available along Church Lane.

**Arrival Time** Leg Three runners should arrive at the changeover point between 9.40am -10.20am depending on the pace of their team mates.

### LEG THREE

*From Church Lane to the finish at Chichester College – a distance of approx 5.9 miles.*



- Medals and Goody Bags for each runner can be collected at the Finish Line when the last runner is over the line
- Each changeover point is staffed by volunteers and race marshals
- Runners must check in with a marshal on arrival at their changeover point
- The handover box will be clearly marked on the road with two parallel lines
- The outgoing runner should stay in the handover box until he/she has the baton firmly in hand
- To qualify as a finishing team all three runners must cover the full distance of their leg. The runner of Leg One will be given a baton with a timing chip at the start which must be handed over to the next runner at the first and second changeover points. At the finish the runner of Leg Three must hand the baton to a designated race steward
- Failure to comply with the instructions of a race official may lead to disqualification of the team. The referee's decision is final
- All Team members are encouraged to return to the finish line at Chichester College to cheer on their third leg runner as they cross the line. **Please ensure you remove your race numbers first as its presence at the finish can affect the chip timing system**

## **DRIVER INSTRUCTIONS**

- The driver of the team's vehicle has a responsibility to drive sensibly, park as directed at the changeover points and obey the rules of the road

### **From the Race Village - 8.30am**

Driver takes Leg Two and Leg Three runners to changeover point one: Lower Road, East Lavant, PO18 0AG. Please park along Pook Lane/Sheepwash Lane

### **After arrival of Leg One runner (approx 9.20 - 9.40am)**

Driver takes Leg One runner and Leg Three runner to changeover point two: Church Lane, West Dean, PO18 0FG. Parking: please park along Church Lane.

### **After arrival of Leg Two runner (9.40 - 10.20am)**

Driver takes Leg One runner and Leg Two runner to the Finish Line at Chichester College to meet Leg Three runner and collect goody bags and medals.

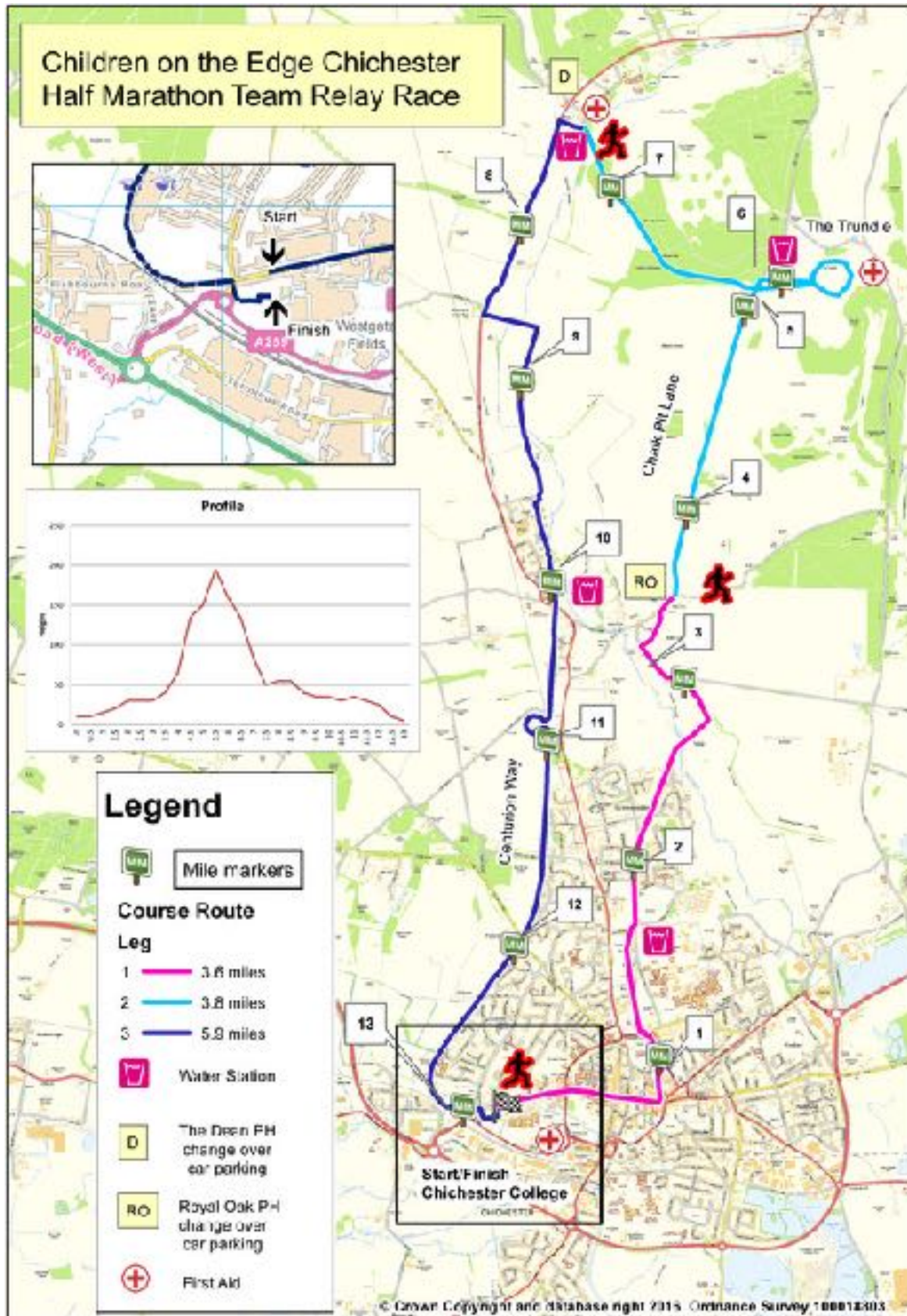
For any queries please contact [chihalf@childrenontheedge.org](mailto:chihalf@childrenontheedge.org) or call 01243 538530 (staffed Monday - Friday, 9am - 5pm). If you have an urgent query outside of these hours please contact: 07713697255 and leave a message, someone will get back to you.

Good luck and please enjoy yourself!

**Graham Jessop, Race Director** The Chichester Half Marathon Event Management Team



# Half Marathon Relay - course map



# CHICHESTER HALF MARATHON

## 2018 Half Marathon Relay - Rules for Competition



1. The Half Marathon Relay will be run over the same course as the main event and will start at the same time - 9am at Chichester College
2. A team will be made up of three runners. Each team must nominate a Team Leader and they should be responsible for organising a vehicle and driver to drop off / collect runners from their start / finish point.
3. The final three names for a scoring team and the order in which they are running must be declared before 8.30am in the Race Office on the day of the race. - Sunday 7th October
4. There will be three categories:
  - i) *three male runners from an affiliated athletic club*
  - ii) *three female runners from an affiliated athletic club*
  - iii) *three runners of any gender representing a works team, a bona fide club, or a group of family and friends.*
5. It is expected that all members of the team will wear a vest or t-shirt of similar design or colour.
6. The course is divided in to three legs and each runner takes one leg each:
  - **Leg One** is from the start at Chichester College to Lower Road, East Lavant – a distance of approximately 3.6 miles.
  - **Leg Two** is from Lower Road, East Lavant to Church Lane, West Dean – a distance of approximately 3.8 miles.
  - **Leg Three** is from Church Lane to the finish at Chichester College – a distance of approximately 5.9 miles.
8. To qualify as a finishing team all three runners must cover the full distance of their leg. The runner of Leg one will be given a baton with a timing chip at the start which must be handed over to the next runner at the change-over point. At the finish the runner of Leg three must hand the baton to a designated race steward.
9. The driver of the team's vehicle has a responsibility to drive sensibly, park as directed at the changeover points and obey the rules of the road.
10. Failure to comply with the instructions of a race official may lead to disqualification of the team. The referee's decision is final.

**For any queries please contact [chihalf@childrenontheedge.org](mailto:chihalf@childrenontheedge.org) or call 01243 538530**

